NEURAL AND COGNITIVE CHANGES ASSOCIATED WITH MENTAL TRAINING IN OLDER ADULTS

This study examines the effect of cognitive enhancement programs on age related changes in memory and attention.

ELIGIBLE?

We are seeking healthy, right-handed adults between the ages of 65-80.

If eligible, you will receive 8 professional cognitive training sessions free of charge. You will also receive take-home exercises to supplement your training classes, and will be asked to complete these exercises daily for the duration of the 8-week program.

You will come in for 5 study visits: before the course, after the course, and at 6, 12, and 24 months after the start of the study. These study visits include surveys, cognitive tests, and a total of 3 fMRI scans.

In addition to the cognitive training courses, participants will receive compensation up to $275 for completing all study visits.

If interested, please email BrainTrain@mgh.harvard.edu, or call (617) 643-6628.
Participants Ages 65-80 Wanted for a Research Study

Maintain Your Brain

Researchers at Massachusetts General Hospital are conducting a research study to evaluate the effectiveness of two mental training courses.

This study includes:

☐ An 8 week brain training course
☐ 5 study visits and 3 fMRIs over 2 years
☐ Compensation and parking validation

(617) 643-6628
BrainTrain@mgh.harvard.edu

Partners Human Research Committee
APPROVAL Effective Date
7/20/2016