



Planning Ahead to Age Well with Dementia

Enhance your knowledge & skills to help adults with memory concerns make a plan to honor their care choices.

Tuesday, October 30, 1:00pm-2:30pm

Alzheimer's Association, 309 Waverley Oaks Road, Waltham MA

Planning ahead and all through a progressive dementia diagnosis is essential to ensure we know an adult's values and care choices, and can help family & doctors match quality care for healthy aging. Guest speaker, **Ronda Randazzo**, MSW, LICSW, CDP, **Manager of Education, Alzheimer's Association** will provide up-to-date information and strategies to help care providers start early and on-going discussions with adults, families and caregivers.

What You'll Learn:

- Early Detection & Diagnosis: "Know the 10 Signs" to start early planning discussions
- How to make a plan: The *Getting Started and Next Steps Tool Kit*
- Health Care Agents & Guardians: Know their role & decision-making powers
- Healthy Aging to End of Life Care: What to expect as the disease progresses and helpful communication strategies
- Essential resources & tools for adults, families and caregivers

Who Should Attend: All care providers and community professionals.

No Cost. Seats Limited.

[Register Here](#)