

TIPS FOR COMMUNICATING WITH SOMEONE WHO HAS DEMENTIA

1

Speak slowly & use simple language.

2

Allow the person time to respond. Do not interrupt them.

3

Speak face to face & minimize background noise / distractions.

4

Speak in a pleasant tone, with a calm expression.

5

Avoid asking open-ended questions. Yes or No questions are easier.

6

Use visual prompts if possible. (e.g. "Do you want the blue one or the green one")



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