



# JOIN A STUDY: BE PART OF THE SOLUTION

## YOU CAN HAVE A BIG IMPACT ON RESEARCH!

Following is an excerpt from a letter that Alzheimer's disease researcher Dr. Dorene Rentz recently wrote to the 300+ participants in the ongoing Harvard Aging Brain Study (HABS):



Dr. Dorene Rentz

“As a result of your participation, we were able to understand that brain amyloid and tau changes are occurring 15-20 years before people become forgetful and long before a diagnosis of dementia. This finding has resulted in helping us discover new treatments designed to prevent Alzheimer's disease. The Anti-Amyloid Treatment in Asymptomatic Alzheimer's disease (A4 Study) and the AHEAD clinical trials are direct results of your participation in HABS. These findings have not only led to clinical trials targeting early brain changes but have guided the development of other novel methods for distinguishing between normal aging and early Alzheimer's disease.

## PARTICIPATING IN RESEARCH STUDIES GIVES YOU ACCESS TO GROUND-BREAKING TESTS AND TREATMENTS!

Here is another excerpt from Dr. Rentz's letter to HABS participants::

“You helped us develop cognitive tests and questionnaires that have led to the discovery of subtle cognitive and behavioral impairments that are occurring because of these early brain changes. For example, the very first cognitive test to be associated with amyloid, was taken by you. It is called the Face-Name Associative Memory Exam (FNAME), a test where you were asked to remember faces and names, something you must do every day. This test has now been included in the NIH Toolbox and Mobile Toolbox; two efforts sponsored by the National Institute of Aging. The FNAME has been translated into various languages, used across the world and is sensitive to early memory changes that more traditional tests cannot detect.”

