



# JOIN A STUDY: BE PART OF THE SOLUTION

## YOU CAN HAVE A BIG IMPACT ON RESEARCH!

Following is an excerpt from a letter that Alzheimer's disease researcher Dr. Dorene Rentz recently wrote to the 300+ participants in the ongoing Harvard Aging Brain Study (HABS):



Dr. Dorene Rentz

“As a result of your participation, we were able to understand that brain amyloid and tau changes are occurring 15-20 years before people become forgetful and long before a diagnosis of dementia. This finding has resulted in helping us discover new treatments designed to prevent Alzheimer's disease. The Anti-Amyloid Treatment in Asymptomatic Alzheimer's disease (A4 Study) and the AHEAD clinical trials are direct results of your participation in HABS. These findings have not only led to clinical trials targeting early brain changes but have guided the development of other novel methods for distinguishing between normal aging and early Alzheimer's disease.

## PARTICIPATING IN RESEARCH STUDIES GIVES YOU ACCESS TO GROUND-BREAKING TESTS AND TREATMENTS!

Here is another excerpt from Dr. Rentz's letter to HABS participants::

“You helped us develop cognitive tests and questionnaires that have led to the discovery of subtle cognitive and behavioral impairments that are occurring because of these early brain changes. For example, the very first cognitive test to be associated with amyloid, was taken by you. It is called the Face-Name Associative Memory Exam (FNAME), a test where you were asked to remember faces and names, something you must do every day. This test has now been included in the NIH Toolbox and Mobile Toolbox; two efforts sponsored by the National Institute of Aging. The FNAME has been translated into various languages, used across the world and is sensitive to early memory changes that more traditional tests cannot detect.”



## MANY PEOPLE DO NOT PARTICIPATE IN RESEARCH STUDIES SIMPLY BECAUSE THE INFORMATION WAS NEVER PROVIDED TO THEM. PARTICIPATION IN RESEARCH CAN BE A VERY REWARDING EXPERIENCE.

### Additional Benefits of Study Participation:

- People who participate in research studies have their health closely monitored by medical professionals.
- Study volunteers are compensated for their participation
- Transportation to the study site is provided

### QUOTES FROM CURRENT MADRC RESEARCH STUDY PARTICIPANTS:

"It gives me a sense of pride and accomplishment that I am still contributing to society in a meaningful way."

Mike Belleville,  
Study Participant

Ask questions, and then ask more questions. Get involved -- it is easy to participate. And, here's a bonus; as a study participant, you will be treated with respect, admiration and excellent ancillary clinical care!"

Carolyn Ingles,  
Study Participant

"I got the testing I wouldn't have gotten otherwise, and I was treated beyond expectation! Take the chance; you'll be pleasantly surprised."

Carl Batty,  
Study Participant

"There are many research studies requiring different levels of commitments and risks. They all need diverse participants. One can start with one that feels right and matches their interests and comfort level."

Dennis Chan,  
Study Participant

"The certainty that I have elevated amyloid plaque is better than wondering about it. Knowing that experts are watching my brain condition through MRI's and cognitive testing assures me that I won't wake up one morning and find that I'm in an unexpected crisis."

Joe Costello,  
Study Participant

### TO LEARN MORE ABOUT GETTING INVOLVED WITH RESEARCH:



(617) 278-0600



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