

The Center for Brain/Mind Medicine New Patient Information Packet

Welcome! We are glad you're here.

The Brigham and Women's Hospital (BWH) Center for Brain/Mind Medicine (CBMM) is a multidisciplinary team of clinicians who work together to provide state-of-the art, evidence-based, and compassion-driven clinical care for people with cognitive and affective disorders. Our team includes specialists in cognitive and behavioral neurology, neuropsychiatry, geriatric psychiatry, neuropsychology, and social work. We care for patients with symptoms affecting cognition, emotion, perception, and behavior that are caused by a wide set of neurologic disorders, including degenerative diseases such as Alzheimer's, Parkinson's, Lewy Body Dementia, and Frontotemporal dementia, also cerebrovascular disease, traumatic brain injury, epilepsy, multiple sclerosis, brain tumors, and many others.

We strive for precision and personalization when arriving at a diagnosis and aim to uncover both the primary cause and contributing factors. A comprehensive assessment at our center may include cognitive testing, neuroimaging (e.g., MRI, PET, and others), blood tests, a lumbar puncture, and others, as clinically appropriate. We seek to understand how a person's unique personal experiences, background, and circumstances interact with their neurologic condition to impact their symptoms. We customize our treatment plans to meet the individualized needs of each person, family, and loved one.

If you are interested, you can choose to participate in our affiliated and respected research programs, including the Center for Alzheimer Research and Treatment (CART). BWH is a world leader in advancing our understanding of Alzheimer's disease and similar conditions. There are opportunities to contribute to this effort by enrolling in ongoing studies, including observational programs and/or therapeutic trials.



Kirk Daffner, MD - Chief,
Division of Cognitive and
Behavioral Neurology



Visit the
Center for Brain/
Mind Medicine website:
cbmm.bwh.harvard.edu

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Support for patients and their caregivers

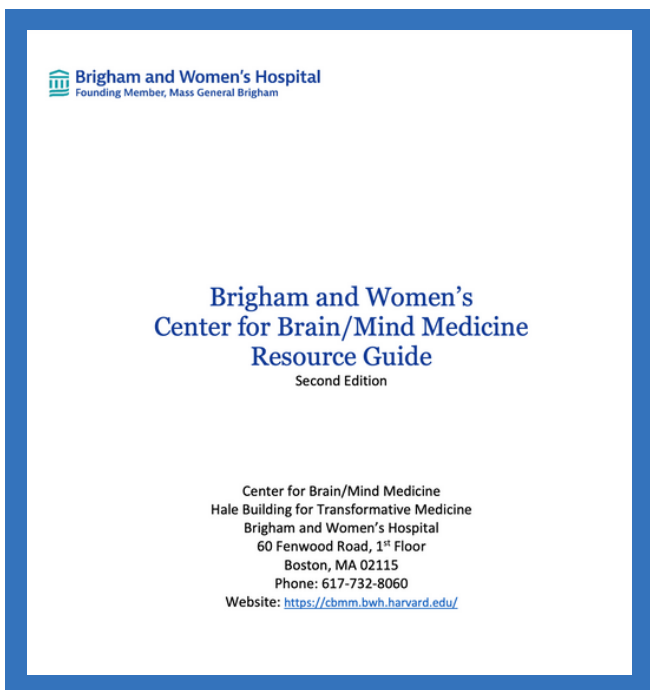
The CBMM Resource Guide, which is located on our website cbmm.bwh.harvard.edu, can supplement your in-person clinical care.



The resource guide provides information for patients and caregivers, including tips for safety, opportunities for community engagement, information about support groups, methods to develop resilience, options for increased supervision, and many others. This guide is not a comprehensive listing of all the resources available in Massachusetts, but it is a good place to start in seeking connections with community partners.

Thriving with a neurologic disorder offers unique challenges, but it is possible.

Disclaimer: This listing does not represent an endorsement or recommendation from Brigham & Women's Hospital, or any team member, but is for your assistance in obtaining information and services. We encourage your feedback (both positive & negative) so we can consistently provide updated information.



This Resource Guide can be accessed on the CBMM website: cbmm.bwh.harvard.edu or by scanning this QR code:

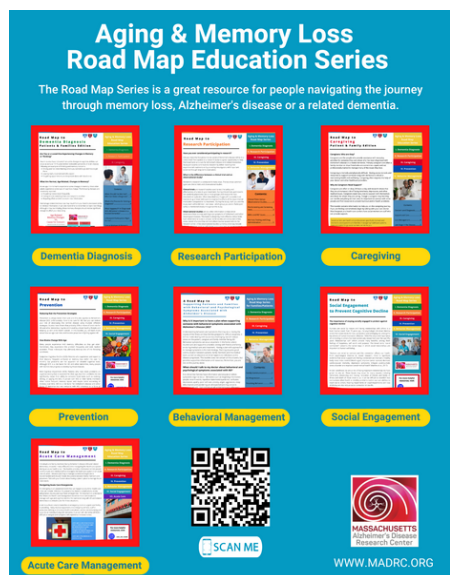


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Partner organizations

At the CBMM we partner with several other organizations to ensure that our patients and their families have access to all the services they might need. This list includes:

- The Alzheimer's Association: Website: WWW.ALZ.ORG, Phone: 24/7 Helpline 800-272-3900
Care Consultation Services
- Alzheimer's Foundation of America: Website: WWW.ALZFDN.ORG, Phone: 866-232-8484
- Association for Frontotemporal Degeneration: Website: WWW.THEAFTD.ORG, Phone: 866-507-7222
- Lewy Body Dementia Association: Website: WWW.LBDA.ORG, Phone: 800-539-9767
- Massachusetts Alzheimer's Disease Research Center (MADRC): Website: WWW.MADRC.ORG,
Phone: 617-278-0600



Research Opportunities

There are many opportunities to participate in Alzheimer's and related dementia research at the BWH Center for Alzheimer Research & Treatment (CART). CART collaborates with BWH and Harvard Medical School to offer numerous innovative prevention and treatment trials. CART's mission is twofold: to assess promising new treatments for Alzheimer's disease (AD) through clinical trials and to improve early diagnosis of Alzheimer's disease by employing more sensitive clinical evaluations, biological markers, and neuroimaging techniques.

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Gad Marshall, MD - is Director of Clinical Trials at the Brigham and Women's Hospital, Center for Alzheimer Research and Treatment.

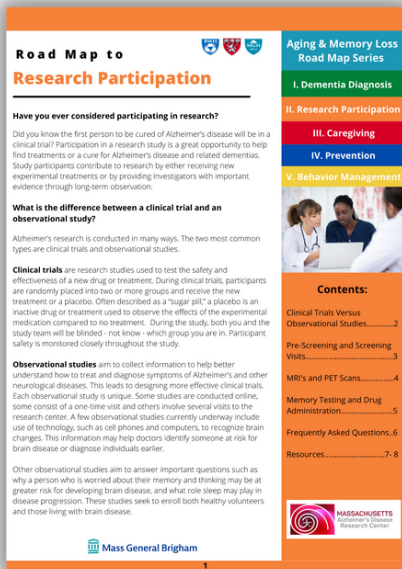
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CART conducts both observational studies, in which participants undergo cognitive and brain imaging tests to better understand brain aging and improve early diagnosis of AD; and therapeutic clinical trials, in which participants receive an experimental drug or a placebo to test new treatments for AD.



Additional information about research

- Road Map to Research Participation



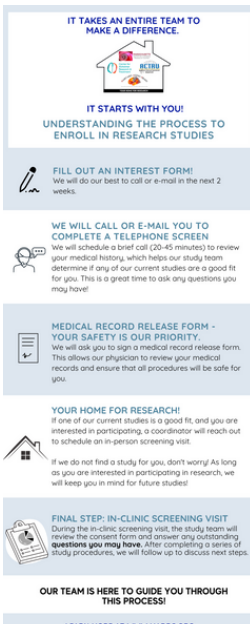
Spanish version

- The difference between clinical trials and observational studies



Spanish version

- Study enrollment process



Transportation and parking reimbursement are provided for most studies. For more information about research participation call: (617) 278-0600.

Watch to hear from current study participants →

